



## DOCTOR HOY'S™ Natural ARNICA BOOST Ingredient List

### Active Ingredients:

**Arnica Montana 5%** Anti-Inflammatory  
**MSM 2%** Anti-Inflammatory

### Inactive Ingredients:

**Hamamelis Virginiana (Witch Hazel) Leaf Extract** - Anti-inflammatory, strong anti-oxidant and astringent  
**Aloe Barbadensis Leaf Juice (Aloe Vera Gel)** - Skin conditioning agent. Used topically will ease inflammation of joints and reduce arthritis pain

**Hypericum Perforatum Extract (St. John's Wort)** - Used to treat bruises, inflammation, muscle pain, and nerve pain

**Deionized Water** - Purified water with mineral ions (salts) removed. Used as a medium or additive in many pharmaceutical or cosmetic products, desired for its low chemical reactivity

**Simmondsia Chinensis (Jojoba) Seed Oil** - Skin conditioner, loaded with Vitamin E, regenerates skin.

**D-Alpha Tocopherol** – Naturally sourced and most nutritionally significant form of Vitamin E.

**Argania Spinosa Kernel Oil** - Also known as Argan oil. High in anti-aging Vitamin E, reduces skin irritation. Strengthens the protein bonding structures in the skin improving elasticity.

**Calendula Officinalis Flower Extract** – Used to prevent muscle spasms, reduce pain and swelling, and to treat poorly healing wounds and varicose veins.

**Chamomilla Recutita (Matricaria) Flower Extract** - Used for its antioxidant and anti-inflammatory properties. It is extremely soothing and beneficial for damaged skin by acne and excessive dryness. Skin cell degradation is slowed, diminishing the appearance of wrinkles and fine lines

**Tilia Cordata Flower Extract** - Skin conditioning agent

**Caprylic/Capric Triglyceride** - Soothing emollient and thickening agent derived from coconut

**Cetearyl/ Sorbitan Olivat** - Emulsifier, combines the properties of olive oil with other naturally derived ingredients

**Panthenol** - Form of vitamin B5, used as a moisturizer and lubricating compound

**Safflower Oil** - Widely used in skincare products, recommended for treating acne, scars, wrinkles and extremely dry and flaky skin. Easily absorbed by the skin

**Cetyl Alcohol** - Derived from coconut oil and palm oil. Commonly used in conditioners

**Glyceryl Monostearate** - An organic molecule used as a stabilizer.

**Stearic Acid** - Fatty acid that occurs naturally in plants. Used as a thickener

**Glycerin** - Humectant. Helps skin retain its moisture

**Squalene** - Unique oil that naturally occurs in skin. Helps to stabilize the skins structure

**Triethanolamine** - Organic compound used as a pH balancer

**Allantoin** - Natural element used as a safe and effective analgesic. It offers a soothing nature to skin care formulations as an anti-irritant, anti-inflammatory and as a general skin protectant